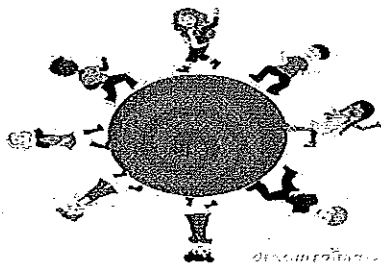


ENFIELD
HEAD START
COMMUNITY
RESOURCE
BOOKLET



2018-2019

CHILD CARE, PRESCHOOLS & AFTER SCHOOL PROGRAMS

Apple Tree Learning Center	(860)745-8361	115-A Elm Street
Bright Beginnings	(860)745-2632 (860)741-7361	980 Enfield Street 1537 King Street
Bright Horizons Family Solutions	(860)741-6648	5 Bright Meadow Boulevard
Care 4 Kids	(888)214-5437	CT Dept. of Social Services Program Assisting low to moderate income families pay for child care costs
Educational Resources for Children	(860)253-9935	174 South Rd. Suite 200 After-school services to Enfield K-8 students at Enfield Street, Henry Barnard, Hazardville Memorial, Nathan Hale & JFK Learning Centers
Enfield Child Development Center	(860)763-7003 (860)253-5212	117 Post Office Road Serves Enfield Families on an income based sliding fee scale with cap.
Enfield Head Start	(860)253-6470	A high quality preschool program serving children ages 3 to 5. Free for Enfield residents who meet the eligibility requirements. Enrollment is based on selection criteria.
Enfield Montessori School	(860)745-5847	1325 Enfield Street
Stowe Early Learning Center Preschool Program	(860)253-6519	117 Post Office Road
Happy Time Preschool	(860)745-3278	129 Post Office Road
Here Wee Grow Preschool	(860)749-2458	330 Hazard Avenue
Kid's Kare Child Care & Learning Center	(860)763-5437	603 Hazard Avenue
Lego Creative Child Care Center	(860)763-3407	561 Taylor Road

Child Care, Preschools & After School Programs (continued)

New England Preschool Academy 20 North Street	(860)741-6261 Our Redeemer Nursery School	133 Post Office Road (860)749-3167
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This is the Way Learning Center	(860)253-0010	18 Shaker Road
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World of Imaginations, The	(860)741-8105	155 Hazard Avenue, Unit 20
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24-hour Infoline

Maintains current listings of all state licensed child care centers, child care homes, nanny agencies, nursery schools, play groups and summer camp programs in CT. There is no charge to parents who call nor to child care programs that are listed.
<http://search.211childcare.org/>

COUNSELING SERVICES

Brightside for Families & Children	(413)788-7366	Behavioral health services for children, adolescents, and their families.
Community Child Guidance Clinic	(860)643-2101	Counseling for children and families
Community Health Resources	(860)638-8068	Emergency mobile psychiatric services for adults – providing out-patient & in-home therapy and other services.
Community Health Resources- Local Agency North Central Counseling Services	(860)638-8068	Recovery-oriented health care service agency for adults with substance abuse or mental health issues
CT Dept. of Social Services	(800)842-1508	Information Line
Connecticut Sexual Assault Crisis Services, Inc. www.connsacs.org	(888)999-5545	24-Hour Toll Free Hotline All services are free and confidential.

Counseling Services (continued)

Crisis Intervention	211 24-hour Hotline	Emergency mobile psychiatric crisis services for children and families.
Enfield Youth Service	(860)253-6380	Positive youth development Town-run programs, Prevention/intervention
Help Line	(860)524-1182	24-hour Suicide Hotline Support, counseling and referrals
Kidz Matter	(860)749-9298	Mental health services
Denise McIntyre	(860)253-0069	Mental health services
Mental Health Association	(800)842-1501	Mental health advocate, information and referrals, location of support groups
Network Against Domestic Abuse	(860)763-4542 (860)763-7430	24-hour Hotline Main Office
New Directions	(860)741-3001	113 Elm Street Substance abuse treatment
North Central Counseling Services	(860)253-5020	Recovery-oriented health care service agency for adults with substance abuse or mental health issues.
Village for Families and Children	(860)236-4511	Outpatient therapy for children and families.
Growing Potential Services	(860)698-6077	Therapeutic and Behavioral Solutions, child and family in home therapy.

DENTAL HEALTH

Community Health Center of Enfield 5 North Main Street, Enfield	(860)253-9024	Provides primary care services in medicine, dentistry, & behavioral health, with a special commitment to the uninsured & underinsured.
Connecticut Dental Health Partnership	(866)420-2924	Dental Benefits Coordinators for HUSKY, SAGA or Medicaid recipients.
Enfield Family Dental	(860)749-2225	71 Hazard Avenue, Enfield
Enfield Pediatric Dentistry	(860)749-6622	233 Hazard Avenue, Enfield
Manchester Community Dental Services	(860)646-4678	150 North Main Street, Manchester Dental care for adults & children in Need. Under-insured and uninsured accepted on sliding fee scale. Offers payment plans.
Markowski Dental Associates	(860)668-0241	162 Mountain Road Suffield
Pappas Family Dental	(860)745-0662	1 Riverview Street, Enfield
SmileOra	(860)265-7890 or (860)668-2273	430 Enfield Street, Enfield (phones ring at both offices) 681 East Street North, Suffield
UConn Pediatric Dental Clinic In the Burgdorf Health Center	(860)714-2140	43 West Main Street Hartford (They only take Husky A or B patients)
Smiles in Bloom	(860)254-5840	137 Prospect Hill Rd. East Windsor, CT
Dr. Albert	(860)649-5000	360 Tolland Tpk. Manchester, CT
Dr. Dental	(860)745-8800	54 Hazard Ave.

Education & Training

ARC of Greater Enfield	(860)763-5411	Year-round enrichment programs for children and young adults with cognitive, intellectual and developmental delays
Enfield Adult Education	(860)763-7032	GED and diploma courses as well as courses for self-enrichment or new hobbies
Asnuntuck Community College	(860)2536-3000	College with career counseling
Charter Oak State College	(860)832-3800	Virtual college offering online and video based courses.
CT Department of Labor	(860)263-6000	Wethersfield
CT Parent Information & Resource Center	(800)842-8678	Provides resources and workshops for parents, families & school districts
KITE (Key Initiatives to Early Education) www.enfieldkite.org	(860)253-6552	A community collaborative with information on early education resources
Literacy Volunteers	(860)253-3038	Leave message in voicemail
State Education Resource Center (SERC) www.ctserc.org	(860)632-1485	Resources, professional development and a centralized library for families, educators, and Community members

Emergency Services

American Red Cross	(860)678-2700	Farmington, CT Emergency food, clothing and Shelter for disaster situations
Animal Control Officer	(860)763-8944	Enfield

Emergency Services (continued)

Center for Disease Control & Prevention	(800)342-2437	www.cdc.com
Child Abuse & Neglect Hotline	(800) 842-2288	24-hour Hotline http://www.state.ct.us/dcf
CT Sexual Assault	(888)999-5545	24-hour Hotline
Crisis Intervention & Info Line	211	24-hour hotline http://www.infoline.org/
Domestic Violence Hotline	(860)763-4542 or (888)774)2900	24-hour hotline Provides counseling & shelter for victims of domestic violence
Fire Department *Dispatch Center*	(860)763-6410	All of Enfield
Police Department	(860)763-6400 911	Enfield—Routine Calls Emergencies
Help Line	(860)524-1182	24-hour Hotline Support, counseling & referrals
Medical/Fire/Police	911	Emergencies
Network Against Domestic Abuse	(860)763-4542	24-hour Hotline
Poison Control Center	(800)222-1222	24-hour Poison Control Hotline

Enfield Public Schools

Board of Education Office	(860)253-6500	General Information
Adult Education	(860)763-7032	
Athletic Department	(860)253-6524	
Partnership Coordinator	(860)253-6552	Amy Witbro

Enfield Public Schools (continued)

Pupil Services	(860)253-6550	
School Closing Hotline	(860)253-5170	
Transportation	(860)623-8775	Smyth Bus Company

Schools

Harriet Beecher Stowe	(860)253-4741	117 Post Office Road
Head Start	(860)253-6470	1270 Enfield Street
Alcorn (Adult Education)	(860)763-7032	1010 Enfield Street
Henry Barnard (K-2)	(860)253-6540	27 Shaker Road
Prudence Crandall (3-5)	(860)253-6464	150 Brainard Road
Enfield Street (K-2)	(860)253-6565	1318 Enfield Street
Hazardville Memorial (PreK -2)	(860)763-7500	68 North Maple Street
Edgar H. Parkman (3-5)	(860)253-6570	165 Weymouth Road
Eli Whitney (3-5)	(860)763-7540	94 Middle Road
John F. Kennedy Middle School (6-8)	(860)763-8855	155 Raffia Road
Enfield High School (9-12)	(860)253-5540	1264 Enfield Street

Enfield Town Offices & Libraries

Enfield Town Hall	(860)253-6300	All Departments except as listed Below
Board of Education	(860)253-6500	All Departments

Enfield Town Offices & Libraries (continued)

Enfield Public Library	(860)763-7510	104 Middle Road – Central Library
Enfield Public Library	(860)253-6433	Pearl Street Branch Library
Human Resources	(860)253-5001	Job Hotline
Neighborhood Services	(860)253-6396	Assistance for low-income and Elderly residents, including energy Assistance, clothing assistance, Christmas Adopt-A-Family Program, back-to-school supplies & shoe vouchers
Public Works Dept.	(860)763-7599	
Recreation Dept.	(860)253-6420	Youth and adult programs
Registrar of Voters	(860)253-6420 (860)253-6321	Democrat Republican
Senior Center	(860)763-7425	299 Elms Street
Social Services	(860)253-6395	Programs and services for Enfield Residents
Tax Collector	(860)253-6340	
Town Clerk	(860)253-6440	Dogs need to be registered by June 30 th
Town Courts	(860)741-3727	111 Phoenix Avenue
Youth Center	(860)253-6426	Provides after-school & evening Activities for youth ages 8-18
Youth Services	(860)253-6380	Positive youth development programs. Prevention and intervention, skill development, support groups, short-term counseling & enrichment activities.
Zoning Enforcement	(860)253-6368	

Financial Assistance

Back-to-School Program	(860)253-6396	Back-to-School supplies for children in need.
Care 4 Kids	(88)214-5437	A state-run program to assist income eligible families with day care costs
Clothing Assistance Program	(860)253-6396	
Community Renewal Team (CRT)	(860)560-5471	Programs aimed at assisting low-income families with early child care, positive youth development, energy and weatherization, low-interest loans for lead abatement, and emergency home repairs for seniors.
Earned Income Tax Credit Infoline	211	Federal income tax refund for low-income residents
Energy Assistance Program	(860)253-6396	Helps to pay for your primary heat source. Available to income eligible families and individuals
Enfield Child Development Center 117 Post Office Road	(860)763-7003 (860)253-5212	Offers day care on a sliding scale for income eligible Enfield families
Enfield Emergency Loan Fund	(860)253-6396	Interest-free loans to residents with emergency needs
Neighborhood Services	(860)253-6396	Assistance for low-income and elderly residents
VITA Program Volunteer Income Tax Assistance 100 High Street	(860)253-6395	Free income tax preparation for families with income under \$49,000, concentrating on connecting qualified families with the earned income tax credit

Food Programs

Congregate Meals Program 110 South Road, Enfield	(860)763-7519	Senior Community Café at Mark Twain Congregate Housing. Ages 60 and older.
Enfield Board of Education	Contact your child's school	Reduced cost or free lunches. Income guidelines apply. Contact your child's school for an application.
Enfield Food Shelf 96 Alden Ave.	(860)741-7321	Emergency food & food for low- income Enfield families. Open Wednesdays from 1-5pm
Enfield Loaves & Fishes St. Andrew's Episcopal Church 28 Prospect St., Enfield	(860)741-0226	Free meals to Enfield, Somers, East Windsor & Suffield residents in need. Open Mon.-Fri 4-5pm and 11am-12:30pm on Sat.
Enfield Senior Center 299 Elm Street	(860)763-7425	Serves lunch at noon Mon.-Fri. Must be age 60 or older. \$2 donation requested.
Mark Twain Congregate Meals Program	(860)749-2017	Serves lunch Mon.-Sun. Seniors age 60+ and spouses
Food Stamp Assistance	(800)859-6646	Now called SNAP
Lunch Bunch Summer Food Service Program Sponsored by ERFC Office 34 Pearl Street. ST. Patrick's Church	(860)253-9935 or 211	A free lunch program for children and their parents during the summer. No income or residency restrictions. Noon to 1:00pm Mon.- Fri.
Meals on Wheels	(860)763-0400	Delivers a hot lunch and a cold Supper Mon.-Fri., noon to 2:00pm for 60+ residents or homebound. Donations of \$2.00 per meal requested.

Food Programs (continued)

Mobile Foodshare St. Patrick's Church 64 Pearl St., Enfield	(860)745-2411	Provides food to anyone- no questions asked. Bring your own shopping bag. Open 1 st & 3 rd Fridays. Closed Holidays.
SNAP (Supplemental Nutrition Assistance Program)	(800)859-6646 or (860)647-1441	Formerly called Food Stamps. Must meet income guidelines and fill out an application with the Dept. of Social Services.
WIC Program – East Hartford (Women, Infants and Children) In Enfield by appointment only On Wednesdays, 8:30 am – 3:00 pm	(860)528-1458	Assistance with food and nutritional counseling. Provides monthly coupons to be redeemed for such items as milk, cereal, cheese, peanut butter, juice and formula. Must meet income guidelines and be Pregnant or have children under the age of 5.

Health Plans

Charter Oak Health Plan	(877)772-8625	Health coverage access for adults of all incomes
Community Health Network	(800)859-9889	Community-based, not-for-profit health plan
Health Net	(800)820-0210	A Medicare Advantage organization
HUSKY Infoline	(877)284-8759	Information on healthcare for Uninsured kids and youth
Medicare	(800)633-4227	Call for information
Well Care of CT	(800)925-3606	Provides managed care services Exclusively for government Sponsored healthcare programs, Focusing on Medicaid and Medicare

Health Services

AIDS Project Hartford Hotline	(860)247-2437	24-hour Hotline Information/counseling
Birthright	(860)290-8800	Provides confidential pregnancy tests, counseling & temporary host homes.
Child Development Infoline (Birth to Three)	(800)505-7000	Comprehensive screenings and services for birth to three.
Childbirth Classes	(860)714-7798	St. Francis Hospital & Medical Center
Childbirth Education	(860)684-8119	Provided through Johnson Memorial Hospital
Community Health Center of Enfield 5 North Main Street, Enfield	(860)253-9024	Provides primary care services in medicine, dentistry & behavioral health, with a special commitment to the uninsured and under-insured.
CT Children's Medical Center	(860)545-9000	Services for children with special health care needs
CT Department of Children & Families	(800)338-0532	General information
CT Dept. of Social Services	(860)528-1359	Provides medical care to adults, children, and elderly in need. Includes referrals for substance abuse and mental health counseling. Spanish-speaking staff. Uninsured and under-insured Accepted on sliding fee scale.

Health Services (continued)

First Way Life Center	(860)763-2044	Pregnancy tests and support
Home & Community Health Services	(860)763-7600	Well Child Clinic, medical services, home visits, homemakers, hospice Services, rehabilitative therapies, social work services. Accepts Medicaid, Medicare, private insurance, private pay. Free care on an individual basis.
Hospice Services	(860)763-7600	Through Home & Community Health Services
Manchester Community Health Services 150 North Main Street, Suite 230 Manchester, CT	(860)646-8117	Provides medical care to adults, children & elderly in need. Includes referrals for substance abuse & mental health counseling. Spanish speaking staff. Uninsured and under-insured accepted on sliding fee scale. Offers payment plans.
New Directions 113 Elm Street Suite 204 Enfield	(860)741-3001	Provides outpatient substance abuse and mental health services. Includes day/evening, intensive outpatient, partial hospitalization & other substance abuse programs. Support groups for alcohol & drug abusers, their family members, and friends. Accepts court referrals.
North Central District Health Department	(860)745-0383	Preventing illness, promoting healthy living, and protecting the health throughout the health district.
Pioneer Valley Free Health Services 281 Maple St. East Longmeadow, MA	(413)525-3866	Provides health care (including mental health care) to adults and children who have no health insurance or are underinsured. Open Weds. 6:30-8:30 p.m.
Planned Parenthood of Connecticut	(860)741-2197	Health services for women and men

Health Services (continued)

State Education Resource Center (SERC) www.ctserc.org	1(800)842-8678	Provides resources, professional development and centralized library for families, educators & community members (located in Middletown)
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Hospitals & Ambulatory Care

Baystate Medical Center	(413)794-0000	759 Chestnut St., Springfield, MA
CT Children's Medical Center	(860)545-9000	282 Washington St., Hartford
Hartford Hospital	(860)545-5000	80 Seymour St., Hartford
Johnson Memorial Hospital	(860)684-4251	201 Chestnut Hill Rd., Stafford Springs
Manchester Memorial Hospital	(860)646-1222	71 Haynes St., Manchester
Mercy Hospital	(413)748-9000	271 Carew St., Springfield, MA
New Britain General Hospital	(860)224-5011	100 Grand St., New Britain
New England Urgent Care	(860)745-9911	55 Hazard Avenue
Rockville General Hospital	(860)872-0501	31 Union St., Rockville
Saint Francis Hospital	(860)714-4000	114 Woodland St., Hartford
UConn Health Center	(860)679-2000	263 Farmington Ave., Farmington
Yale New Haven Hospital	(203)688-4242	20 York St., New Haven

Housing & Shelter

Affordable Housing Programs	(860)745-7493	State Moderate Rental Program and Section 8 Program
Community Renewal Team (CRT) www.crtct.org	(860)560-5471	Programs aimed at assisting low-income families with heating bills and weatherization, low-interest loans for lead abatement and emergency home repairs for senior citizens.
CT Coalition to End Homelessness	(860)721-7876	Provides information and referrals regarding emergency shelters, transitional living, supportive housing, and permanent housing.
Domestic Violence Hotline	(860)763-4542 Or 1(888)774-2900	24-hour Hotline. Counseling and shelter for victims of domestic violence
Energy Assistance Program	(860)253-6396 Or	Helps to pay for your primary heat source. Available to income eligible families & individuals.
Enfield Housing Authority	(860)745-7493	Information on elderly and subsidized housing including Section 8, Moderate Rental Family Housing – rent is determined by household income (Green Valley and Laurel Park Apartments). Housing for Elders and disabled including Mark Twain Congregate Living for age 62 and older.
Eviction & Foreclosure Prevention	(860)560-5881	Mediates disputes and helps keep families housed through financial assistance.
First Time Homebuyers Program	(860)253-6390	Designed to assist people who are Purchasing their first home in Enfield. Income eligibility requirement.

Housing & Shelter (continued)

Freshwater Pond Apartments	(860)741-0247	Income-based rental apartments
Homeless Shelter & Emergency Housing Program CT Dept. of Social Services Northern Regional Sub-Office	1(800)859-6646	Emergency housing programs and shelter
<u>Homeless Shelters:</u>		
East Hartford Shelter	(860)568-0323	385 Main Street, East Hartford
Samaritan Shelter	(860)647-8003	Manchester – P.O. Box 773
Tri-Town Emergency Shelter	(860)875-9702	1 Prospect Street, Vernon
Springfield Rescue Mission	1(413)732-0808	19 Bliss Street, Springfield
Worthington House	1(413)732-3069	769 Worthington St., Springfield
Housing Education Resource Center	(860)296-4242	Provides confidential assistance with housing questions and Problems
Housing Rehabilitation Loan Program	(860)253-6390	Provides low-interest loan funds to address housing code related issues Including roof repair, windows, siding, heating systems, electrical, plumbing, and much more. Available to all income eligible Enfield residents.
Infoline	211	Helps Connecticut residents to search community resources for assistance with: emergency shelters, assisted living facilities, community housing assistance programs, eviction prevention, housing discrimination, HUD, Special Forbearance Initiative, public Housing, rental security deposits, Section 8 Home Ownership Program, security deposit assistance, senior congregate housing, subsidized housing.
Landlord/Tenant Counseling Hotline	(860)296-4372	Tues. & Fri., 9:30am – 4:30pm

Housing & Shelter (continued)

Neighborhood Services	(860)253-6396	Provides housing relocation assistance, emergency energy & utilities assistance, crisis services and programs
Network Against Domestic Abuse of North Central Connecticut 139 Hazard Ave., Building 3 Enfield	(860)763-7430 (860)763-4542	Main Office 24-hour Hotline Services for victims of domestic violence: support groups, crime support, spouse/partner abuse Counseling
North Central Counseling Services	(860)253-5020	Serving adults and children. Services include housing assistance which may include assistance with rent and/or deposit payment
Operation Fuel	211	
Section 8	(860)763-4661	Gives vouchers to families to help pay for rent on a monthly basis. Rent is determined by income. Applications are only accepted at certain times and there is a waiting list – watch newspapers
Weatherization Residential Assistance Program (WRAP)	(860)560-5749	Provides weatherization and energy efficient solutions for low-income renters or homeowners

Legal Assistance

Child Support Call Center	1(800)228-5437	Case specific information to pursue child support payments
Child Support Enforcement Dept. of Social Services	(860)896-2400	Helps parents enforce and modify their child support orders

Legal Assistance (continued)

Connecticut Women's Education & Legal Fund	(860)524-0601	Information and referrals on family and employment law
Greater Hartford Legal Aid	(860)541-5000	A non-profit law firm, offering low- income clients in the Greater Hartford area free representation for civil legal issues, protecting legal issues, protecting legal rights & securing basic human needs
Housing Court	(860)756-7920	A starting point for legal issues regarding renting and your land- lord's rights and responsibilities

Local Agencies & Programs

ARC of Greater Enfield	(860)763-5411	Year-round enrichment programs for children & young adults with cognitive, intellectual, and developmental delays
Back to School Program	(860)253-6396	We accept donations of school supplies and new backpacks to be distributed to children of our clients for the start of the new school year. If you are a client, please call in early August to sign your child up to receive supplies.
Big Brothers/Big Sisters Nutmeg Branch	(860)525-5437	Mentoring program providing role models for at-risk children & youth in low-income and disadvantaged home situations.
Clothing Assistance Program	(860)253-6396	Vouchers to various clothing closets as well as the Salvation Army are available for families having a hard time making ends meet – you must be a client or willing to bring in identification, proof of income and residency.

Local Agencies & Programs (continued)

Community Police	(860)741-4040	Located at Angelo Lamagna Activity Center – meets every third Wednesday evening at 7:00 p.m. to discuss neighborhood issues.
Dial-A-Ride	(860)272-3545 (860)272-3545	Information Reservations Provides transportation within Enfield and out-of-town medical appointments. Hours: Mon.-Fri. 8am-4pm. Fee: \$80 annually serves individual age 60+ or who have a permanent or temporary physical disability.
Educational Resources for Children (ERfC)	(860)253-9935	After-school care for K-8 students at Enfield Street, Barnard & JFK Learning Centers
Enfield Child Development Center	(860)763-7003 117 Post Office RD	Serves Enfield families on an income based sliding fee scale with cap. Two locations: Enfield St. & High St.
Family Resource Center		See listing
Fire Hawk's Program	(860)749-8344	Fire Department program for children with an interest in fire prevention
KITE (Key Initiative to Early Education) www.enfieldkite.org		A community collaborative with information on early education resources
Literacy Volunteers	(860)745-8621	Reading and writing assistance for Adults

Local Agencies & Programs (continued)

Neighborhood Services	(860)253-6396	Assistance for low-income and elderly resident, including energy assistance, clothing assistance, Christmas Adopt-A-Family Program, back-to-school supplies & shoe vouchers
Network Against Domestic Abuse of North Central Connecticut 139 Hazard Ave., Building 3 Enfield	(860)763-4542 (860)763-7430	24-hour Hotline Main Office Services for victims of domestic violence: support, spouse/partner abuse counseling, and prevention
New Directions	(860)741-3001	Substance abuse treatment
North Central Counseling Services	(860)253-5020	Mental health services for adults

Enfield Resource Center **(860)253-5144**

Family support/parent advocacy – All Enfield Families, regardless of income are eligible for programs designed to enhance self-esteem, encourage growth and enable family members to reach their fullest potential. Call for:

- Information on local preschools, child care centers and family day care homes
- Information on community agencies for housing, counseling, employment, adult education, social services
- Lending library with a variety of parent resources for families
- Parent and Child Early Learning Playgroups
- Birth to Five enrichment programs
- One-on one educational visits with families in the home or at the Family Resource Center
- Early childhood assessments to track children's overall development
- GED programs and Adult Basic Education
- English as a Second Language
- Educational parenting classes and support groups
- Effective Parenting Classes
- Grandparents Raising Grandchildren Support Group
- Single Parent Support Group
- Autism Parent Support Group

Enfield Family Resource Center (continued)

- Parent Book Clubs
- Family Literacy Programs
- Support and training for family day care providers
- Programs to promote responsible decision making and communication skills for children in grade 4 through 6

Email: familyresourcecoordinator@enfield.org

Main Office located at Henry Barnard, 27 Shaker Road

Satellite: Stowe, 117 Post Office Road (860)253-6580

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Parenting Support

Autism Parent Support Group	(860)253-5144	At the Family Resource Center
Birth to Three Program	1(800)505-7000	Helps families meet the developmental & health-related needs of infants and toddlers who have delays or disabilities comprehensive screening and services for ages birth to three
CT Parent Information & Resource Center	1(800)842-8678	Provides resources and workshops for parents, families & school districts
Family Resource Center 117 Post Office Road (Satellite Office) 27 Shaker Road (Main Office)	(860)253-5144	Offers family support services and support groups for Enfield families.
Grandparents Raising Grandchildren Support Group	(860)253-5144	At the Family Resource Center
Help Me Grow	1(800)505-7000	Provides access to a variety of Community resources that can help identify and address your child's behavioral or developmental needs.

Parenting Support (continued)

MOMS Club
mvp@momsclubofenfield.org

Moms Offering Moms Support Club of Enfield. Support and companionship to stay at home moms in Enfield, Suffield, East Windsor and Windsor Locks.

Single Parent Support Group
Nurturing Families

(860)253-5144

At the Family Resource Center

Pets

CT Humane Society

1(800)452-0114

701 Russell Road, Newington
Full Service Adoption Center

Enfield Dog Pound

(860)763-8944

To claim a lost dog or adopt a dog. Located on Parsons Rd.

www.petfinder.com

Website to adopt pets

CT Pet Shelters & Animals Rescues

www.muttcats.com/shelters/connecticut.htm

Physicians- Family Practice

Community Health Center
of Enfield
5 North Main Street, Enfield

(860)253-9024

Provides primary care services in medicine, dentistry, & behavioral health, with a special commitment to the uninsured & under-insured. Spanish-speaking staff.

Dr. Timothy Fignar

(860)745-1623

15 Palomba Dr., Enfield
Suite 5

Physicians – Pediatrics

Enfield Pediatric Pro Health Physicians	(860)749-3169	155 Hazard Ave. Suite 14, Enfield Spanish Speaking Staff
Prime Health Care	(860)749-2251	15 Palomba Dr. Suite 13, Enfield
Dr. Hemant Panchal	(860)749-2022	170 Hazard Ave., Enfield
Pioneer Valley Pediatrics	(860)745-3336	115 Elm St. Suite 107, Enfield
Dr. Anne Marie Villa	(860)749-3661	150 Hazard Ave., Enfield

Second Hand Shops

Allied's Attic Thrift Store 581 Enfield Street	(860)741-3701	Thrift store – clothes & more
Nearly New Shop 1295 Enfield Street	(860)745-3646	Thrift store – located at the Enfield Congregational Church
Once Upon A Child 25 Palomba Drive	(860)745-9599	Consignment shop for children. Clothing, toys, furniture, etc.
Plato's Closet 54 Hazard Avenue	(860)741-0439	Gently used clothing Buy and sell
Second Chance Shop 35 Mountain Road, Suffield	(860)668-2841	Second hand clothing, shoes games, puzzles, books, jewelry
Good Will Store 53 Palomba Drive	(860)749-6937	

Self-Help Groups

Alcoholic's Anonymous	(860)282-5924	24-hour Hotline
Al-Anon/ACOC	1(800)577-6993	24-hour Hotline
Crisis Intervention Service	(860)683-8068	CT Dept. of Mental Health & Addiction Services
Gamblers Anonymous	1(800)266-1908	For gambling addiction
Self-Help Network	1(203)624-6982	Connection to listings of various self-help groups

Senior Citizens

Adult Day Center	(860)763-7538	Certified medical day center providing activities & trips, providing hygiene and medical treatment. Sliding fee scale. Participate by the day, week or month. Dial-A-Ride transportation is available. Hours: Mon.-Fri. 8:00am- 4:00pm.
Alzheimer's Support Group	(860)745-1641 (ext. 18)	Fourth Thursday each month, 6:30pm at Parkway Pavilion.
Caregiver Support Group	(860)763-7538	Held at the Adult Day Center the 2 nd Wed. each month 9:30-10:30am. Run by a social worker. No children under 12.
Congregate Living Facilities	(860)763-2017	Ages 62 and older – Mark Twain Congregate Housing, 110 South Road
Congregate Meals 110 South Road	(860)763-7519	Ages 60+. Call one day in advance for reservations. Open 7 days a week.

Senior Citizens (continued)

Dial-A-Ride	(860)272-3545 (860)272-3545	Information Reservations Provides transportation within Enfield and out-of-town medical appointments. Hours: Mon.-Fri. 8:00am- 4:00pm. Fee: \$80 annually. Serves individuals age 60+ or who have a permanent or temporary physical disability.
Enfield Senior Center 299 Elm Street	(860)763-7425	Health, fitness and support programs, for older adults 50 and over. Hours: Mon.-Thur. 8:00am-5:00pm. Support Groups include Alzheimer's Caregivers, Bereavement Support, Diabetes Support, Gluten-Free Support and Stroke Support Groups. Call for meeting dates.
Meals on Wheels	(860)763-0400	Delivers a hot lunch and cold supper Mon.-Fri., noon to 2:00pm for 60+ residents or homebound. Donation of \$2.00 per meal requested.
Medicare	1(800)633-4227	Assistance for low-income and elderly residents, including energy assistance & clothing assistance
Social Security Administration	1(800)772-1213	Call for information

State & Federal Resources

Care 4 Kids	1(888)214-5437	Child care cost assistance
Child Support Call Center	1(800)228-5437	Reporting information on neglected payments, advocacy services
Community Renewal Team (CRT)	(860)560-5600	Provides job training, fuel bank, home weatherization
CT Dept. of Children & Families www.ct.gov/dcf/	1(800)338-0532	Programs for children & their families.
CT Dept. of Motor Vehicles	(860)263-5703	Handicapped Parking Permits
DCF Child Abuse & Neglect Hotline	1(800)842-2288	Department of Children and Families 24 hour Hotline for reporting suspected/known abuse or neglect
Department of Social Services	1(800)542-1508	Provides a broad range of services to the elderly, people with disabilities, families, and individuals who need assistance in maintaining or achieving their full potential for self-direction, self-reliance and independent living
Fraud Hotline	1(800)842-2155	Connecticut Dept. of Social Services
Heating Assistance	(860)253-6396	Applications are taken at Neighborhood Services at 100 High St., Enfield. Or call 2-1-1 Infoline for more information and programs for heating assistance.

State & Federal Resources (continued)

Infoline United Way www.211ct.org	211	Connecticut's free information and referral service for food, shelter, clothing, suicide prevention, child care services, veterans' services, volunteering, and much more -including Emergency Mobile Psychiatric Service (EMPS) which provides emergency services for children and youth under 18 who are experiencing a behavioral crisis.
National Center for Missing and Exploited Children	1(800)843-5678	Missing Children's National Hotline
Nutmeg Big Brothers/Big Sisters	1(800)237-5437	Mentoring program providing role models for at-risk children and youth in low-income and disadvantaged home situations.
Office of the Child Advocate	1(800)994-0939	They assess if children are eligible to receive state services
Operation Fuel	211	A private, not-for-profit organization that provides emergency energy assistance to state residents who do not qualify for, or have exhausted, their government assistance. Most of our clients are not poor enough to receive government aid but, because of a crisis in their lives, cannot make ends meet and are forced to make impossible choices.

State & Federal Resources (continued)

Trying to survive a Connecticut winter with no heat should not be one of those choices.

YWCA of Hartford Region

(860)525-1163

Housing, child health/fitness Center, Latino Center, nursery

Support Groups

Al-Anon/Alateen

1(888)825-2666

24-hour Hotline

Hope and help for families and friends of alcoholics. Three Enfield locations, Wed., Thurs., & Sat. Call for info.

Alzheimer's Support Group

(860)745-1641
(ext. 18)

Fourth Thursday each month, 6:30 pm at Parkway Pavilion.

Autism Parent Support Group

(860)253-5144

Family Resource Center of Enfield

Bereavement Support

(860)872-9163

Extension 2425

Caregiver Support Group

(860)763-7538

Held at the Adult Day Center the 2nd Weds. each month 9:30-10:30 am. Run by a social worker. No children under 12.

Grandparents Raising Grandchildren Support Group

(860)253-5144

Family Resource Center of Enfield

Single Parent Support Group

(860)253-5144

Family Resource Center of Enfield

Support Group Listing

211

See a complete listing.
www.211ct.org

Healthy Enfield Physical Activity & Health Referrals

Asnuntuck Community College: 170 Elm St. – Use of the track is free and always open to the public.

Enfield Department of Recreation (860)253-6420. Programs available for youth & adults of all ages.

Enfield Senior Center: 299 Elm St. (860)763-7425 – Offering inexpensive group exercise Programs for seniors including Zumba Gold, Yoga, Tai Chi, Pilates, Line Dancing and other forms of dance.

Enfield Square Mall: 90 Elm St. – Mall doors open for walkers at 8:00am and close at 10:00PM.

North Central District Health Dept: (860)745-0383. Offering low-cost fitness and nutrition programs.

Scantic Rapids Park Powder Hollow: 32 South Maple St.
Park open from dawn to dusk and is free for public use. Trail one-mile loop along the Scantic River.

ShopRite: 40 Hazard Ave. FREE nutrition counseling and services.

Michelle Mattia, R.D.: (860)253-4173

Email: michelle.mattia@wakefern.com.

Call to schedule a free appointment.

More Enfield Activities to Consider:

American Legion Baseball (860)741-6711

Enfield Dog Park (860)508-2839

Enfield Little League (860)741-3883

Enfield Ramblers (860)745-3671

Enfield Soccer Association (860)698-9748

Enfield Tennis Club (860)698-6503

Enfield Travel Basketball (860)614-8772

Enfield Wood Bat Softball (860)221-5749

Girls Softball League (860)559-1900

Ice Skating (Twin Rinks) (860)745-2461

Men's Slow Pitch Softball League (860)965-0761

Men's Soccer (860)930-2033

Over 35 Softball League (860)749-0931

Thompsonville Little League (860)324-8507

Woman's Softball League (413)427-0183

Wrestling: (860)627-6858

Miscellaneous Information

"Job Search 101" – Offered free of charge by Peter Kenny, founder and CEO of Vox Clamantis (www.voxclamantis.org), a non-profit agency committed to assisting the unemployed (860)745-3430.

"Ministry to Hispanics" St. Patrick's Church, 64 Pearl St. Enfield Contact Noe Charles (860)745-2411. www.saintpatricksenfield.org

St. Vincent DePaul Ministry at St. Bernard's Church 426 Hazard Ave. (860)749-8353. Serves the poor and needy in our parish, providing food, temporary shelter, and fuel. www.sbc-enfield.org/viewpage.php?pageid=5

Emergency Phone Numbers

Medical/Fire/Police Emergencies	911
Fire Department Dispatch Center	(860)763-6410
Enfield Police Department- Routine Calls	(860)763-6400
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Animal Control Officer	(860)763-8944
Poison Control Center 24-hour Hotline	1(800)222-1222
Help Line – 24 hour Suicide	(860)524-1182
Child Abuse & Neglect Hotline	1(800)842-2288
Network Against Domestic Abuse 24-hour Hotline	(860)763-4542
CT Sexual Assault Crisis Center 24-hour Hotline	1(888)999-5545

**** Enfield Public Schools- School Closing Hotline** (860)253-5170**